

Human Nature School COVID-19 PREPAREDNESS & RESPONSE PLAN

KEY POINTS TO KNOW

- COVID-19 is most commonly spread by respiratory droplets released when people talk, cough, sneeze, and breathe (with greater force= increased droplets and greater dispersal).
- It is thought that the virus may spread to hands from a contaminated surface and from there to nose or mouth causing infection, although this type of transmission has not yet been documented by the CDC. In regard to surfaces, there is not yet scientifically verified data on how long the virus can survive on skin, hair, clothing, or food (there is no incidence of COVID transmission from water).
- It is unknown how long the air inside a room and ventilation system remains potentially infectious, there are many factors but it can range from minutes to hours. It is thought that the level of aerosolized virus from an infected person is not concentrated enough to infect others nearby if everyone there is socially distanced and masked.
 - CDC estimates 40% of infected people are asymptomatic, CDC estimates that 50% of transmissions occur before the infected person has shown any symptoms.
- In regards to viral load, it is apparent that a person's likelihood of contracting COVID-19 increases proportionally with the amount of virus a person is exposed to. An important note on this; children are more likely to be asymptomatic or mildly symptomatic and an infected child can have a much higher viral load than a very sick adult with COVID-19.
- Pre-existing conditions: According to the CDC, people with these medical conditions may be at an increased risk for severe illness if they contract COVID-19: Cancer, chronic illness, immunocompromised, obesity, heart condition, diabetes, asthma, hypertension, neurological issues, or metabolic conditions, smokers, and pregnant women.
- More people exposure, more sharing of objects, closer and longer interactions, all equal greater risk of spreading COVID-19.

SIGNS AND SYMPTOMS

- Fever is a key indicator in children, 100.4 or above. Cough or Diarrhea in addition to fever is further suggestive of Coronavirus.
- Other symptoms include chills, shortness of breath, difficulty breathing, fatigue, muscle aches, loss of taste or smell, sore throat, congestion, nausea or vomiting.

PRE-CAMP AND DROP OFF

STAFF

- Staff must let program director know if they felt unwell in the past 3 days or if they are feeling unwell the day of class, anyone with a symptom or with 100.4 or higher temperature stays home.
- If staff had contact with anyone suspected to have COVID, they must stay home and inform the program director.
- If a staff member begins feeling ill during class, they should go home unless it creates an inappropriate staff/student ratio in which case they should wear a mask and avoid any close interactions until they can be relieved.

EVERYONE: IF SYMPTOMATIC OR IF A POSITIVE CORONA TEST

If a student or staff has symptoms indicating covid-19, they cannot attend/return to programs unless they are tested and get a negative result, or until the conditions below are met. In they have a positive COVID test, they must not attend program until the conditions below are met. Guardians and staff should consult with the Program Director in this process.

- Fever free for at least 72 hours without fever reducing medications
- AND other symptoms have improved
- AND at least 10 days have passed since their symptoms first appeared or since they tested positive.

IF SOMEONE FROM CAMP HAS A POSITIVE CORONA TEST

- Guardians or staff must notify Program Director, that person cannot participate until fully recovered.
- The director will notify all guardians and staff if a person gets a positive COVID test but WILL NOT share personal information or private health information of any individual.
- If there is a positive case, HNS will determine whether to close camp based on guidance from your local health department.

GUARDIAN COMMUNICATION

Program director is the point person for guardian and staff communications about all things COVID.

AT HOME SCREENINGS & DROP OFF SCREENINGS

We require parents do the following health screening before class,

- Staff take each child's forehead temperature, if a student has a temperature of 100.4 or higher they must stay home/be sent home.

Health screening happens daily at drop off, each group leader will conduct individual screenings. During drop off, only 1 adult may be dropping off student(s), guardians are asked to not congregate at the drop off spot, and they must stay until screening is over. We ask that everyone wear masks when 6' social distancing is not possible, such as at drop off time. Students must complete screening *before* joining in class activities.

Screening will include these questions:

- Have you or your child been in contact with anyone suspected to have COVID-19?
- Has your child felt unwell in the last 3 days?
- Are you feeling unwell today?
- Staff visually check student for signs of illness such as flushed cheeks, rapid or difficulty breathing, fatigue, irritability.

If a student has fever and/or symptoms indicating covid or has been exposed to someone who may have COVID, they are not allowed to attend class that day and need to consult with program director about when they can return.

DURING CLASS

MASKS

- The department of Human Services is our regulating body, they require all people at camp to wear a cloth mask outdoors when social distancing isn't possible (exception is same household people can be near each other w/out mask) & at all times when indoors.
- Students and staff should always bring their own mask that fits well. For students, ideally they know how to put on mask without assistance.
- HNS does have cloth masks available if a mask is lost or forgotten.

BATHROOMS

Aside from using the bathrooms, we will remain outdoors the entire class day. When taking restroom breaks, the size and setup of our restroom will only allow for 1 user or family group in the bathroom at a time. Handwashing is verbally confirmed with everyone.

MONITORING

Students may be experiencing stress due to changes at home or adjusting to program life or the strangeness of COVID prevention methods. Staff will be monitoring social-emotional well-being of group members.

Continue to visually monitor students throughout the day and check temperature if a student appears ill or "not themselves". If symptoms are detected, they must be removed from the group and taken to a trailhead or to the office by a staff person who remains with them until they can be picked up.

Program director will be made aware of all health-related concerns, staying aware of health of staff and students throughout the class day.

IF A STUDENT IS ILL/REMOVED FROM GROUP

- The student's guardian will be contacted, informed, and asked to pick up ASAP.

- At earliest convenience, program director will contact local health department to report potential exposure and determine if other close contacts from that class day need to leave as well. Health Department can also advise on when the sick person and close contacts can return to class.
- After class, program director reports the potential exposure to DHS licensing consultant.

HAND WASHING

- Staff carry disinfecting wipes to be used for washing especially for dirty/sediment hands.
- Staff carry hand sanitizer to be used for non-dirty/sediment hands, rubbed until dry.
- Students are encouraged to bring their own preferred hand washing supplies as well.
- When indoors, hand washing with soap and water for 20 seconds is the norm.
- After every cough, sneeze, restroom break, before eating, before and after using shared supplies or equipment students and staff must wash hands.

MATERIALS, SURFACES, & CLEANING

- Porous materials or difficult to clean materials (such as hides, fabrics, or anything that can hold moisture/germs): DO NOT USE IN A SHARED WAY
- Borrow Clothes: If needed HNS can provide clothes for students to borrow but these must be laundered each time after use.
- Disinfect all shared program supplies and materials with 10% bleach spray in between uses and/or after each class. ****DO NOT SPRAY BONES OR SKULLS WITH BLEACH.**
- Students need to keep their personal belongings in their backpack, no sharing. Students should carry a small bag for their own trash pack out.

SOCIAL DISTANCING

- Arrange seating 6 feet apart when possible
- Groups should stagger use of activity areas to avoid mixing
- No non-essential guests or visitors are welcome
- We will staying out of the building, except for bathroom breaks

INCLEMENT WEATHER PLAN

Due to the pandemic, we do not have an adequate indoor space to do social distancing indoors with the whole group. Because of this, we must postpone class if there is a likelihood of thunderstorms, high winds, or heavy rains. If it's just scattered storms or light rain we are able to hold class and remain outside without issue.